

Kappō 活法

The above characters are Katsu (resuscitation) and Hō (method). Together, they are pronounced Kappō. While there are many of these methods, Prof. Okazaki only taught eleven of them at the special black belt class in 1948.

1. Nō Kappō Head resuscitation
2. Se Kappō Back resuscitation
3. Hon Kappō Chest resuscitation
4. Hanaji Tome Nosebleed stop
5. Kin Kappō Testicle resuscitation
6. Sui Kappō Water (drowning) resuscitation
7. Kubi Kappō Neck (hanging) resuscitation
8. Ashi Kappō Foot resuscitation
9. Tanden Kappō Abdomen resuscitation
10. Jinzō Kappō Kidney resuscitation
11. Zunō Kappō Brain resuscitation (5 methods)

脳活法、背活法、本活法、鼻血止、辜活法、水活法、首活法、足活法、丹田活法、腎臓活法、頭脳活法。

The detailed descriptions of these techniques are left to be supplied by your instructor.

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