Shinnin No Maki 神人の巻

(Originally, Shin Nan No Maki 神男の巻)

Shin means “god, spirit", Nan means "man, male person" and Nin means "person". **Prof. Henry Seishiro Okazaki** originally named this list using the male specific title, but later changed its name to be non-sex specific. Together, Shinnin means "spirit-person" but does not imply any sacreligious notion. Instead, in this case Shin refers to "that which is above". This means that the person entering into Shinnin training has reached a high level of martial maturity.

In Prof. Okazaki's Kodenkan dojo, it was necessary for the student to master all 35 Shinnin techniques before taking their Shodan test. Before World War II, it was the practice to charge the students a fee of $25.00 to learn this list. This practiced was discontinued sometime after the war began.

1.	Isami Tsuki Nage	High diagonal over the shoulder throw
2.	Obi Hane Goshi	Bent knee throw using the belt
3.	Tsurikomi Taoshi	Feinting art
4.	Momiji Nage	Throw and choke
5.	Gyaku Hayanada	Surprise reverse arm bar
6.	Hiza Nage	Knee Throw
7.	Osaekomi Gyakute Tori	Throw and arm bar
8.	Kobushi Shime	Fist constriction
9.	Kesa Hazushi	Scarf escape
10.	Kubi Shime Tomoe Gyakute	Throw and counter choke
11.	Ninin Nage	Two-man throw
12.	Gyakute Gaeshi	Arm whip
13.	Hiza Ori Nage	Folded knee throw
14.	Gyaku Hagai	Reverse pinion
15.	Ushiro Kan Nuki	Rear arm lock
16.	Mae Kan Nuki	Front arm lock
17.	Hiki Tate Tori Shime	Ancient art
18.	Ude Garami	Arm entanglement
19.	Ebi Shime	Shrimp constriction
20.	Ushiro Ebi Shime	Surfboard hold
21.	Gyaku Eri	Reverse lapel hold
22.	Ushiro Nage	Rear throw
23.	Ude Shigarami Shime	Arm entangled constriction
24.	Ashi Kan Nuki	Indian death lock
25.	Kesa Koroshi	Killing art
26.	Handō Shime	Flying scissors
27.	Ashi Gyaku	Corkscrew leg lock
28.	Kabe Shime	Wall strangle
29.	Ashi Karami Tori	Grapevine counter
30.	Nidan Gaeshi	Arm whip and arm bar
31.	Satsuma Shime	Ancient art
32.	Tataki Komi	Reverse surfboard hold
33.	Ushiro Nage Tori	Rear throw and lock
34.	Saru Shigarami	Arm stretch
35.	Sandan Gaeshi	Three throws, three arm whips, leg lock

勇突投、帯跳腰、釣込倒、紅葉投、逆早刀、膝投、押込逆手捕、
拳絞、袈裟外、首締巴逆手、二人投、逆手返、膝折投、逆羽交、
後閂、前閂、引立捕絞、腕搦、蝦絞、後蝦絞、逆襟、後投、

腕手搦絞、足閂、袈裟殺、半胴絞、足逆、壁絞、足搦捕、
二段返、薩摩絞、叩込、後投捕、猿手搦、三段返。

The detailed descriptions of these techniques are left to be supplied by your instructor.

This page is maintained by George Arrington

Back to Home Page

Copyright © 1995, 2013 George E. Arrington III. All rights reserved.